



## LONG-TERM CARE RESIDENT SATISFACTION SURVEY – ACTION PLAN

### January 2023

#### BACKGROUND

At the North Shore Health Network Long-Term Care Home, we pride ourselves on maintaining a high quality level of care which is driven by professionalism, integrity and respect. As an organization we thrive to maintain a safe and comfortable home-like environment for our residents which provide a sense of privacy, dignity and security. We are made up of a multi-faceted team including registered staff, physicians, nurse practitioner, social work, physiotherapy, dietitian, personal support workers, housekeeping staff, food services workers, volunteers, essential caregivers and students. Together, we will maintain open communication and transparency to better the development and delivery of holistic care to our residents.

SURVEY DETAILS

Total # of Surveys Completed: 17/32= 53% (LTC / ELDCAP Units)

**Resident Eligibility:** Must have a Cognitive Performance Scale of 3 or lower to complete the survey. The Cognitive Performance Scale (CPS) is used in the RUG-III Classification system to measure a resident's cognitive performance. The RUG-III Classification system uses the CPS scale (0 - Intact, 1 - Borderline Intact, 2- Mid Impairment, 3 - Moderate Impairment, 4 - Mod. Severe Impairment, 5 - Severe Impairment, 6- Very Severe Impairment) to identify residents who demonstrate moderate to severe cognitive impairment as a basis for classification in the Impaired Cognition RUG-III groups. CPS scoring is performed on all residents on an quarterly basis.

Surveys Conducted By: Charlyn Beneteau, Clinical Quality, Communication and Education Admin Lead, John Jones (LTC COVID Clerk)

**Methodology:** Surveys were conducted with Residents who were able to actively participate. A satisfaction scale of faces (similar to the pain scale) was used to resemble the possible answers (*Always, Often, Sometimes, Rarely, Never*). Residents were able to answer verbally, non-verbally through the visual scale, or in writing.

#### FOCUS FOR IMPROVEMENT / PRIORITIZATION

LTC Resident Satisfaction Surveys are completed and utilized to collect and review feedback on our everyday responsibilities, such as; communication, nursing care, professional services, management of medical conditions, general safety, daily resident care, mealtimes, activities & exercise, special events, maintenance of the home, management of the general environment & resident rooms, etc. The survey provides us with valuable information and ideas on how to improve and maintain all aspects of care. Evaluation & follow up with residents throughout the year will allow us to adapt and make changes to better serve our client population.

#### **Consider Strategies for "Holding the Gains":**

Food – taste
 Food – variety of foods served
 Food – portion sizes
 Quality of Care – residents feel safe here
 Quality of Care – personal care and health care needs are met
 Linen – clean and in good condition
 Overall Satisfaction – quality of care and services

#### **Focus for Improvement:**

Food-how the food looks
 Food -Temperature of the food
 Quality of Care - engaging residents in "having a say in their care."
 Environment - room temperature





# LONG-TERM CARE RESIDENT SATISFACTION SURVEY – ACTION PLAN

November 2022

		ACTION PLAN					
GOAL	FOCUS	ACCREDITATION STANDARD	LTC ACT or REG	ACTIONS / DETAILS	LEAD	TIMELINE	Performance Measure
"Holding the Gains"	1)Food – Taste	LTC 10.3 - A pleasant dining experience is facilitated for each resident.	<b>REG</b> (3) The licensee shall ensure that all food and fluids in the food production system are	<ul> <li>-Recruit Food Service Manager for vacant position.</li> <li>-Recruiting for stabilizing staffing.</li> <li>-Ensure following standardized recipes</li> </ul>	M. Kubatlija M. Kubatlija M. Kubatlija	Spring 2023 Ongoing	Q: <b>"Do you like how the food</b> tastes?" 2021: 79.2% (Always + Often)
		LTC 10.4 - Feedback regarding individual food preferences	prepared, stored, and served using methods to,	and production plans.		Ongoing	2022: 88.2% (Always + Often)
	2)Food – Variety	and nutrition requirements is gathered from the resident and family, as needed.	(a) preserve taste, nutritive value, appearance and food quality; and	-Continue "cruise destinations" to promote resident input into menu and pleasurable dining.	Dietitian	Ongoing	Q: "Are you happy with the variety of foods provided?"
		LTC 10.5 – Residents are involved in menu planning.		<ul> <li>Provide quarterly theme meals – to fill gaps between holiday meals already celebrated.</li> <li>Continue Food Committee as part of Monthly Resident Council Meeting. <ol> <li>Review menu / resident's choice menu options and document in minutes.</li> </ol> </li> </ul>	Red and Rehab Dietitian Dietitian Rec & Rehab	Quarterly Monthly	[2021: 83.3% (Always + Often)] [2022: 100% (Always + Often)]
	3)Food - Portions			-Portion sizes are based on FLTCA -Portions are part of care plans -New menu on the radar, all specific	Dietitian/ M. Kubatlija	Ongoing	Q: <b>"Are you happy with the</b> portion sizes served?" 2021: 80% (Always + Often)] 2022: 100% (Always + Often)]
	4)Quality of Care – residents feel safe here.	LTC 2.5 – The physical security of residents is protected.	ACT The fundamental principle to be applied in the interpretation of this Act and	-Installation of maglocks and control measures to control traffic flow (e.g. in an outbreak situation / wandering resident.)	Maintenance	October 2022	Q: <b>"Do you feel safe here?"</b> [2021: 92% (Always + Often)] [2021: 92% (Always + Often)]
		LTC 16.0 Resident and team safety is promoted within the service environment.	anything required or permitted under this Act is that a long-term care home is	-Continue active screening of visitors upon entry, staff passive screen before every shift	IPAC LEAD	Ongoing Ongoing	
			primarily the home of its residents and is to be operated so that it is a place	-Continue rapid swabs based on policy	IPAC LEAD		

		where they may live with dignity and in security, safety and comfort and have their physical, psychological, social, spiritual and cultural needs adequately met.				
5)Quality of Care – personal care needs are met.	LTC 8.10 – Each resident's preferences and options for services are discussed as part of the assessment, in partnership with the resident and family.	REG 30. (1) Every licensee of a long-term care home shall ensure that, (a)a care conference of the interdisciplinary team providing a resident's care is held within six weeks following the resident's admission and at least annually after that to discuss the plan of care and any other matters of importance to the resident and their substitute decision-maker, if any;	-Care conference format is a multidisciplinary approach. Meet 6 weeks post admission, yearly and as needed basis	LTC Manager QLC RN RAI Coord.	Ongoing	Q: "Are your personal care needs met? (e.g. bathing, dressing, personal hygiene)" [2021: 76% (Always + Often)] [2022:100%% Always=Often)]
6)Linen – clean and in good condition.		ACT 19 (1) Every licensee of a long- term care home shall ensure that, (b)there is an organized program of laundry services for the home to meet the linen and personal clothing needs of the residents; and	-New washer and dryer on unit -Switched to soap pods to provide consistency	Maintenance/ M. Kubatlija	Complete Complete	Q: <b>"Is your linen clean and in good condition?"</b> [2021: 76% (Always + Often)] [2022: 100% (Always +Often)]
7)Overall Satisfaction – quality of care and services	<ul> <li>LTC 8.0 - Care plans are developed in partnership with the resident and family based on a comprehensive assessment.</li> <li>LTC 9.0 - Care plans are implemented in partnership with residents and families.</li> </ul>	ACT 19. Every resident has the right to, I, participate fully in the development, implementation and review of their plan of care	<ul> <li>-Extending shifts, offering additional hours to increase overall staffing hours for provision in resident care.</li> <li>-RNAO Best Practice Guidelines Project.</li> <li>Overall goal within the next 2-3 years to become a "Best Practice Spotlight" organization.</li> <li>Immediate focus on oral care.</li> </ul>	LTC Manager LTC Manager LTC Manager	Ongoing Long-Term Project Ongoing	Q. "Overall, are you happy with the quality of care and services here?" 2021: 76% (Always + Often) 2022: 88.2%(Always + Often)

		LTC 10.0 - The needs of the whole person, including but not limited to their spiritual, cultural, social, and recreational needs are addressed by the team in partnership with the resident and family.		-Palliative Care Education (RPN Lead) – education sessions for workers / families / residents & advanced care planning. -Additional permanent part Time role to be trained. And 7 days a week structure	LTC Manager	January 2023	
Focus for improve- ment	1)Improving resident satisfaction regarding how the food looks	<ul> <li>LTC 10.3 - A pleasant dining experience is facilitated for each resident.</li> <li>LTC 10.4 - Feedback regarding individual food preferences and nutrition requirements is gathered from the resident and family, as needed.</li> <li>LTC 10.5 – Residents are involved in menu planning.</li> </ul>	<b>REG</b> (3) The licensee shall ensure that all food and fluids in the food production system are prepared, stored, and served using methods to, (a) preserve taste, nutritive value, appearance and food quality; and	<ul> <li>-menu software to get up and running</li> <li>show plates will be included Working with new software to have visual cues</li> <li>-education with cooks and food service staff</li> <li>-request feedback at resident council meetings</li> <li>-follow up on complaints</li> <li>- on boarding new manager for food services</li> </ul>	M. Kubatlija	2024 Ongoing Ongoing Ongoing Ongoing Ongoing	Q "Do you like how the food looks? 2021: Always: 64% Often: 12% Sometimes 12% Rarely 8% 2022: Always: 70.59% Often: 5.88% Sometimes: 17.65% Rarely 0%
	2)Improving resident satisfaction regarding food temperature.	LTC 10.3 - A pleasant dining experience is facilitated for each resident.	REG (6) The licensee shall ensure that the home has, (b) institutional food service equipment with adequate capacity to prepare, transport and hold perishable hot and cold food at safe temperatures; and 79.5 Food and fluid being served at a temperature that is both safe and palatable to the residents.	-temperature monitoring during cooking, during hot holding of food, before during and after meals -hot plate servers when resident being fed in room with thermal covers -cambro for tray service during outbreaks -improved soup service distribution -Develop a LTC meal service committee	LTC Manager M. Kubatlija M. Kubatlija Dietitian M. Kubatlija Food Services Staff Dietitian	Spring 2023 Ongoing Ongoing Ongoing Ongoing	Q. "Are you happy with the temperature of the food served? (e.g. cold foods cold, hot food hot). 2021: Always 44% 32% Often, 16% Sometimes 4% Rarely 2022: 70% Always, 12% Often, 6% Sometimes, 0% Rarely, 6% Never

3)Engaging residents in "having a say in	<b>LTC 13.3</b> – The flow of resident information is	ACT (5) The licensee shall ensure	-Review of Admission process to ensure it is resident & family-centred.	LTC Manager / RAI Coord.	October 2022	Q. "Do you have a say in yo care?"
their care."	coordinated among the team	that the resident, the	-Huddle Discussion re: Engaging the	QLC RN	Ongoing	
	members and other	resident's substitute decision- maker, if any, and any other	Residents			2021:
	organizations, in partnership with the resident and in	persons designated by the	-Revising Resident Council Agenda	Rec & Rehab	Ongoing	44% Always, 16% Often
	accordance with legislation.	resident or substitute decision-	(standing items: quality improvement updates, satisfaction, engaging the			20% Sometimes,
	accordance with legislation.	maker are given an	residents.)			8% Rarely
		opportunity to participate fully	residents.			Never 0%
		in the development and implementation of the				Never 0%
		resident's plan of care.				2022:
		·				70.1% Always,
						6% Often,
						6% Sometimes,
						0% Rarely,
						6% Never,
4)Improving Resident	LTC 2.4 – The physical space	REG	-Physical temperature recorded	Maintenance	Ongoing	Q. <b>"Do you like the temper</b>
satisfaction regarding	is designed with input from	<b>24.</b> (1) Every licensee of a	electronically (new process in January			of your room?"
facility temperature	residents and families and is	long-term care home shall	2022). Alarm set point.			2024
and comfort levels.	safe, comfortable, and	ensure that the home is	-New control valves is installed	Maintenance	Complete	2021:
	reflects a home-like	maintained at a minimum	-Working on plan to have manual	Maintenance	Ongoing	48% Always,
	environment.	temperature of 22 degrees	override and control of room	NA-internet	0	12% Often,
		Celsius.	temperatures	Maintenance	Ongoing	12% Sometimes
			-Doing weakly audit of room	Maintonanco	Ongoing	8% Rarely,
			temperatures -Maintain temperature according to	Maintenance	Ongoing	12% Never
			Regulations. (Exceeding minimum	Maintenance	May 2023	2022:
			temperatures).	Maintenance	Sept 2023	64% Always,
			-Adding heating coil to room 210 (pilot)	Mantenance	50002025	17% Often,
			-Changing the thermostat in 200 halls			12% Sometimes
						0% Rarely,
						0,0,10,0,1,

LEGEND:

QOC- Quality of Care, PHISIO- Physiotherapy, ACT- Activities, ENV- Environment, FOOD- Food Services, LINEN- Linen Services, ADMIN- Management, OSAT- Overall Satisfaction LTC Resident Satisfaction Action Plan (2022 Survey) Updated: June 2023